

**Curriculum Framework and Syllabi for
M.Phil. Guidance and Counselling
(Under Choice Based Credit System - CBCS)**



**Department of Education
Mother Teresa Women's University
Kodaikanal**

(Approved in Board of Studies dated 28.04.2021)

M.Phil. Guidance and Counselling – SYLLABUS Framework-2021 onwards

Subject Code	Subject	Hours	Credit	Continuous Internal Assessment (CIS)	End Semester Exam (ESE)	Total
Semester I						
M21GCT11	Core – I - Research Methodology	10	4	25	75	100
M21GCT12	Core – II - Special Issues and Emerging Areas in Counselling	10	4	25	75	100
M21PST13	Common Paper - Professional Skills-III	10	4	25	75	100
	TOTAL	30	12			300
Semester II						
M21GCT21	Core – IV – Area Paper	10	4	25	75	100
M21GCD21	Dissertation + Viva- Voce	20	14 (12 + 2)	120	80	200
	TOTAL	30	18			300
	TOTAL	60	30			600

Paper I: Research Methodology

UNIT 1: INTRODUCTION:

Scope and Need for Research – Theory and Research – P-Domain & C-Domain – What is Social Research – Definitions of Social Research – Usefulness of Social Research - Scientific Research – Difficulties in carrying out Scientific Research in Social Science – Types of Research – Problems Encountered by Researchers in India – Research Methods verses Methodology.

UNIT 2: RESEARCH PROBLEMS AND DESIGN:

What is Research Problem – Technique Involved in Defining a Problem – Identifying the Research Topic – Meaning and Contents of Research Design – Features of a Good Design – Different Research Design – Important Experimental Designs – Factors affecting Research Design – Research Proposal?

UNIT 3: SAMPLING AND HYPOTHESIS:

Merits of Sampling – Principles and Essentials of Sampling – Method of Sampling: Non Probability Sampling, Probability Sampling and Complex Random Sampling – Determination of Size of Sample – What is Hypothesis? – Types of Hypothesis – Test of Hypotheses – General Problems in Testing Hypothesis – Limitations of the Tests of Hypotheses.

UNIT 4: DATA COLLECTION & MEASUREMENT AND SCALING:

Experiments and Surveys – Collection of Primary Data: Questionnaire, Schedule etc. – Collection of Secondary Data – Appropriate Method for Data Collection – Case Study Method - Data Preparation Process – Problems in Preparation Process - Quantitative and Qualitative Data – Classifications of Measurement Scales – Problems of Measurement – Techniques of Developing Measurement Tools – Scaling Techniques: Comparative and Non-Comparative Scaling Techniques – Multidimensional Scaling – Deciding the Scale.

UNIT 5: INTERPRETATION AND REPORT WRITING:

Techniques of Interpretation – Steps in Report Writing - Lay out of the Research Report – Types of Reports – Oral Presentation – Mechanics of Writing a Research Report: Size and Physical Design, Procedure, Layout, Treatment of Quotations, Footnotes, Documentation Style – Single Volume Reference – Multivolume Reference – Alphabetical Arrangement – Periodical Reference – Anthologies and Collections Reference – Second Hand Quotations Reference – Case of Multiple Authorship – Punctuation and Abbreviations – Statistics, Charts and Graphs – Final Draft – Bibliography – Preparation of the Index – Precautions for Writing Research Reports – Plagiarism and its Consequences.

Praticum

- Analyze the different research reports in guidance and counselling
- Arrange a two days workshop in statistical analysis of research in counselling

Reference Book:

1. C.R.Kothari and GauravGarg, Research Methodology Methods and Techniques, New Age International (P) Limited, New Delhi, Reprint 2017.
2. P.Ravilochanan, Research Methodology, Margam Publications, Chennai, Reprint 2016.
3. Beth Morling(2017). Research Methods in Psychology, W W Norton & Co Inc.
4. Cohen et.al (2011). Research Methods in Education, Routledge 7th edition.
5. Merriam &Tisdell (2015). Qualitative Research, John Wiley & sons 4th edition.
6. Uwe Flick (2015). Introducing Research Methodology, SAGE Publication

Paper II – Special Issues and Emerging Areas in Counseling

UNIT 1: INTRODUCTION OF GOOD LIFE

Difference between Society and Nation – Democratic Education – Democracy – Socialism – Socialism and Education – Psychological Bases of ‘Good Life’ – Meaning of Good Life – Characteristics of a Good Individual – National Integration – Obstacles to National Integration – Importance of Promoting National Integration – International Understanding - National Mind and Universal Mind – Ways and Means of Developing International Understanding – Counselling for Developing the Good Life – Historical Background of Guidance and Counselling.

UNIT 2: COUNSELLING FOR PEACE

Violation of Human Rights – Guidance and Counselling for Human Resource Development – Intervention – Coping with Critical life – Psychological well being – Violence against Women – Individual Counseling and Group Counseling - Guidance and Counseling skills for Police women – Counselling for women with social issues- counseling for non- formal educators – Counseling NGO’s – Central and State Bureau’s of Counselling.

UNIT 3: COUNSELLING FOR SOCIAL AND CULTURAL DEVELOPMENT

Social Identity – Kinds of Social Identity - Social Groups – Social Change – Social Stratification – Social Mobility – Social Deviance – Characteristics of Social Deviants – Culture and its Constituents – Salient Features of Indian Culture – Changes Required in Indian Culture – Cultural-Lag – Cultural Fashion – Social and Cultural Impacts on Personality – Counselling for Social and Cultural Development – Social Problems encountered in the Counselling.

UNIT 4: PERSPECTIVES ON GENDER DIFFERENCES

Sexist Perspective, Feminist Perspective, Gender Perspective – Gender Paradigms – Effective Teaching and Feminine Management: Education, Manager, Communicator, Evaluation, Counselor, Public Relations Officer - Special Issues: Single Women – Aged Women Destitute – Separated Women – Unwed Cases – Children: Street Children – Juvenile Delinquents – Bochco Act - Special Children – Grief Counseling - Advantages and Challenges of Women an educational leader.

UNIT 5: COUNSELLING IN DIFFERENT SETTINGS

Clinical – Educational – Community - Emerging areas in Counseling: Domestic and Family Violence – Rural and Remote Communities, Gay, Lesbian, Bisexual, Transgender and Inter Sex Communities, Elderly, Disability, Culturally and Linguistically Diverse Communities, Indigenous Communities, Homelessness and Children – Guidance and Counseling moments in India.

Practicum

- Organize an sexual awareness programme on counselling for women and child
- Prepare and present the report on current issues faced by women and girl child in society.

References:

1. Nagarajan. K, &Natarajan.S., Philosophical and Sociological Perspectives in Education, Sriram Publications, Chennai, First Edition 2014.
2. Bond, Tim (2010). *Standards and Ethics for Counselling in Action*, SAGE Publications.
3. Kinra, Asha K. (2012). *Guidance and Counselling*, Pearson Publication.
4. **Sidhu (2013). *Guidance and Counselling, Twenty First Century Publications.***
5. Gibson & Mitchell(2015). *Introduction to Counselling and Guidance*, Pearson Education India.
6. NamitaRanganathan and ToolikaWadhwa (2017).*Guidance and Counselling for Children and Adolescents in Schools (India)*, SAGE Publications Ltd.
7. Gerald Corey et.al(2019).*Theory And Practice Of Counseling And Psychotherapy*, Cengage India.

Paper III PROFESSIONAL SKILLS (Common Paper)

Unit 1: Computer Application Skills

Fundamentals of Computers and windows, Operating System – **MS – Office** Components; **Word:** Equation editor, Table Manipulation – Formatting Features – organizational Chart. **MS – EXCEL:** Statistical Functions – Number Manipulation – Chart Preparation with various types of graphs. **MS PowerPoint:** PowerPoint presentation with multimedia features. **Internet and its applications:** E-mail and attachments – working with search engines.

Unit 2: Communication Skills (English/Tamil/Both)

English: Skills of Communication: Listening, Speaking, reading and Writing – Writing Synopsis, Abstract and proposals. Developing good language abilities – Public speaking – Writing Skills.

Tamil: gapw;Wtpf;Fk; jpwd; - Ngr;Rj;jpwd; - ntspg;ghl;Lj; jpwd; - Ma;Tj;jpl;lk; - Ma;Tr;RUf;fk; jahhpj;jy;.

Unit 3: Communication technology

Computer Mediated Teaching: Multimedia, E – Content, Satellite Based Communication – EDUSAT and ETV channels. Web: Internet I Education. Social Media -Whatsapp, Facebook, and Zoom meet, Google meet, Google Classroom.

Unit 4: Pedagogical Skills

Micro teaching Skills: Skill of Induction, Skill of Stimulus Variation. Skill of Explaining, Skill of Probing Questions, Skill of Blackboard, Writing and Skill of Closure – Integration of Teaching Skills – Evaluation of Teaching Skills – Research Extension and Consultancy.

Unit 5: Industrial Technology

Lecture Techniques: Steps, Planning of a lecture, Lecture Notes, Updating, Delivery of Lecture. Teaching – Learning Techniques: Team teaching, Group Discussion. Seminar, Workshops, Symposium and Panel Discussion – Games and Simulations – Web Based Instructions.

Practicum

- Conduct an online quiz among your peers
- Publish an article to create a social media awareness in society

References

1. Roblyer(2018). Integrating Educational Technology into Teaching, Pearson Publications.
2. Information and Communication Technology in Education: A Curriculum for Schools and Programme of Teacher development. Jonathan Anderson
3. Ledden Emma (2014). The Communication Book, Pearson Education Ltd.
4. Dash B C(2011). A Textbook of Educational Technology, New Central Book Agency Ltd.
5. SumeerSharma(2016). Micro Teaching, Twenty First Century Publications.
6. Vanaja M (2014), Educational Technology &Computer Education, Neelkamal Publications.